

# NEWSLETTER



#### In this Issue:

Welcome CFAC Families

Reflecting on Last Month
+ Looking Ahead

Community Collaborator Spotlight

**Christmas Traditions** 

Liturgical Living
December

Around the Diocese

# Happy New Year!

The word "Advent" means "arrival," and it marks the beginning of the Church year. As a child, it was always my favorite time of year. I loved preparing for Christmas and embracing the joy, magic, and anticipation of the season. But as an adult with added responsibilities, this time of year can feel more stressful than magical—filled with buying presents instead of praying and managing to-do lists instead of finding moments of stillness.

This Advent, let's refocus on the joy of preparing our hearts for Christ. Inside this newsletter, you'll find Advent and Christmas traditions to help bring peace and meaning to this special season.

Blessings, Janae Spencer Newsletter Editor

# Reflecting on November

November was a busy month for our group. We celebrated All Saints Day with Mass, where the kids dressed up as saints and enjoyed games afterward. At the Ellen Trout Zoo, we explored God's creation and had the unforgettable experience of feeding a hippo up close. We also honored our veterans with a heartfelt parade and lunch and continued our stewardship discussions in Voyager group. The Mom's Advent Retreat provided a beautiful opportunity to refocus and prepare our hearts for the season ahead.

















# Upcoming CFAC Events

Check out the exciting events planned for December—there's something for everyone to enjoy and participate in!

**St. Nicholas Day:** Come join us for a fun morning celebrating good ol' Saint Nicholas! There will be activities for the kids and plenty of hot chocolate to enjoy. We'd love for each family to bring their favorite holiday dessert to share. Let's make it a sweet celebration!

**Christmas Caroling and Cocoa:** Join us for a family service project as we spread holiday cheer by caroling Christmas songs for the elderly. After about an hour of singing, we'll warm up with hot chocolate and enjoy some fellowship together, courtesy of CFAC!

**Our Lady of Guadalupe:** Come celebrate the feast of Our Lady of Guadalupe with the parishioners of Our Lady of Guadalupe Parish in Tyler. Don't forget to wear your group shirts so we can easily spot each other in the crowd. Please note the Rosary and Mass will be in Spanish.

Icon Painting Teen and Tween: Youth ages 10 to 18 are invited to an afternoon of discovery, learning about the history and meaning of icons while creating their own to take home or share this Christmas season. Guiding the workshop is Robert Puschautz, Executive Director of the Stabat Mater Foundation, whose mission is to renew beauty in the Church. Robert's work can be seen throughout the Diocese and in his art studio near the Cathedral.



Members can view more details, RSVP for events, and see the full calendar in the member portal.

# Advent & Christmas Traditions from CFAC Families



Check out the way some of our families celebrate this special season. Remember, we don't have to do it all. Choose what brings you joy!





# Spencer Family-

We have everyone in our family set out their shoes by the fireplace the night before December 6. We fill the shoes with oranges to represent gold (and they are a symbol of charity). We also bring out our Christmas books and have special pancakes on this day!



# Pacheco Family-

For about 10 years now, we have read the story of Benjamin Bear. He is so impatient for Christmas to come so Momma Bear tells a story each night about another little bear and his long, arduous journey to Bethlehem. He meets others on his travels and his adventures are filled with acts of heroism, kindness and many small miracles as they follow the shining start that leads to Christ Child.

# Bowden Family-

We begin December by placing our shoes out for St. Nicholas, followed by decorating our Jesse Tree, helping at our local nursing home with their Christmas events, and attending Midnight Mass as a Family.

# Turner Family-

We wait to light our tree until the Feast of St. Lucy on December 13, after enjoying saffron buns and dressing up as Sankta Lucia and Star Boy for the children. The light of Lucy's crown of candles symbolizes the Light of the World coming at the end of Advent.



# Reaves Family-

We celebrate the 12 Days of Christmas beginning with a birthday cake for Jesus on Christmas Day. The celebration continues with fun adventures as a family and gingerbread house decorating along with other crafts. The festivities conclude on Epiphany with a celebratory King Cake and House Blessing.





# Lockman Family-

Our favorite Advent tradition is each day the children answer a trivia question having to do with Advent. (ex: What does the word Advent mean?...) Then each child receives either a little gift or sweet treat or quarter. We also have a handmade felt tree with numbered ornaments and each day the children swap out a numbered ornament for a cute decorative ornament (ex: nutcracker, Santa, baby Jesus, etc.)

# Liturgical Living Corner: December

# Immaculate Conception of the Virgin Mary, Advent and Christmas

#### Solemnity of the Immaculate Conception December 8

"Christ, who is the author of divine life, that is, of grace, in every man, by means of the Redemption effected by him, must be particularly generous with his Mother. He must redeem her in an especially superabundant way from sin ("copiosa apud eum redemptio"—with him is plenteous redemption: Psalm 130:7). This generosity of the Son towards his Mother goes back to the first moment of her existence. It is called the Immaculate Conception."- St. John Paul the Great

Liturgical Living Craft Idea: Bl. Juan Diego's Paper Tilma





Download phone wallpaper



# DECEMBER

# Immaculate Conception of The Blessed Virgin Mary

December 1: First Sunday of Advent
The beginning of Advent, preparing for the celebration of the birth of Jesus.

Make an Advent wreath with your family, lighting one candle every Sunday during Advent.

December 9th: The Solemnity of The Immaculate Conception of the Blessed Virgin Mary

A holy day of obligation where we recognize the original sin-less conception of Mary in the womb of her mother, St. Anne.

Attend Mass, pray the rosary, say a special prayer for all expectant mothers.

December 12: Our Lady of Guadalupe
The feast commemorates the Virgin Mary appearing to Juan Diego in 1531

Pray the Novena of Our Lady of Guadalupe beginning December 2.

Attend mass and celebrations at churches where processions are done with Our Lady surrounded by flowers, indigenous dances are performed, and where Our Lady is serenaded with the Mañanitas, a traditional Mexican birthday song.

December 25: The Nativity of The Lord

Attend the Vigil Mass, Midnight Mass, Dawn Mass, Christmas Day Mass.

December 29: The Holy Family of Jesus

Create your own family tree.
Consecrate your family to the Holy Family.



A HOMESCHOOL COMMUNITY

# Enrollment is open!

FOR A LIMITED TIME ONLY

ENROLL BETWEEN **DECEMBER 2 - 13** TO JOIN FAITHFUL & FUN CATHOLIC PROGRAMMING FOR THE WHOLE FAMILY.

New Member Meeting January 8th at 7pm

Learn more, view a sample calendar, and register at: www.catholicfamilyadventureclub.com

# Spottinght

Since August 1st, over 1,000 volunteer hours have been contributed to ensure the success of our programs including the Homeschool Community Mass, All Saints Day Mass and Party, multiple field trips, Youth Ministry Programs, Mom Events, etc.

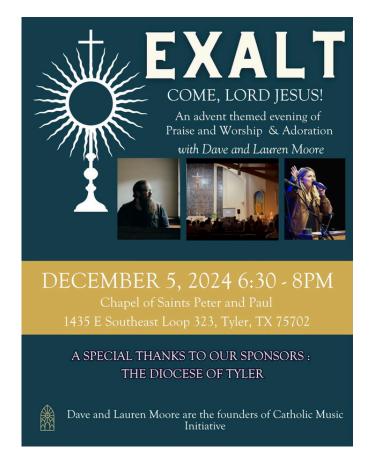
The Leadership
Team wants to
thank everyone
who has
contributed to the
success of this
past semester. In
particular the
following
members who are
serving as
Community
Collaborators.

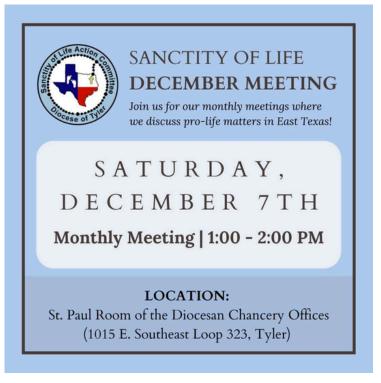
Lady Batista
Valerie Baughman
Alma Elizondo
Rubi Garcia

Monse Gomez
Liz Hendrix
Sarah Hoveskeland
Michelle Jones
Vanessa Jones

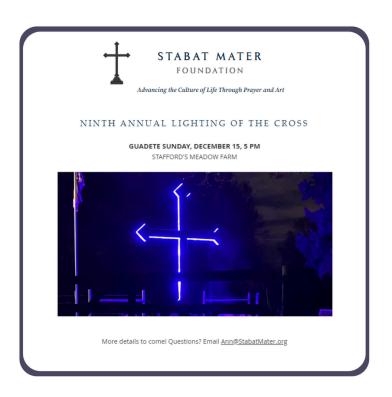
Cheyenne Mojica Jessica Sczepanik Marissa Takacs Angela Toohey

### Around the Diocese

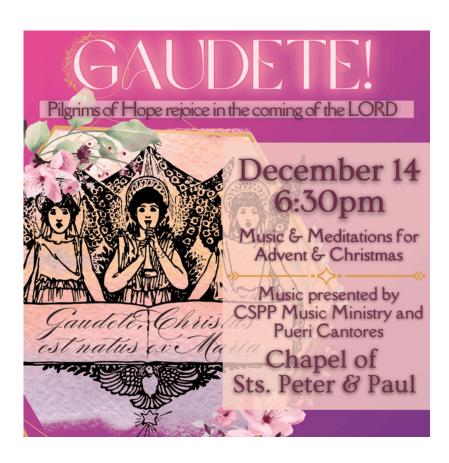


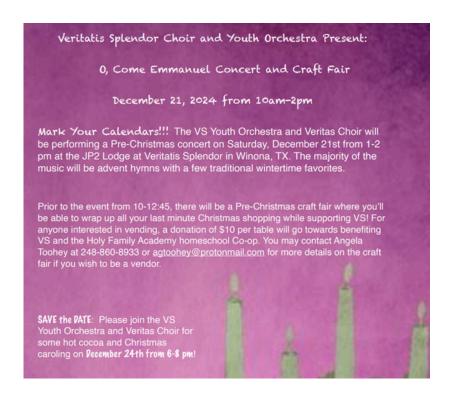


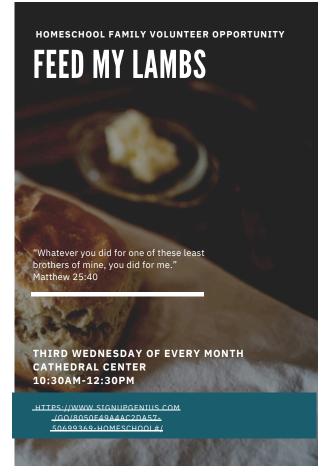




## Around the Diocese-Homeschool Related









A WOMEN'S RETREAT 2025

The Holy Spirit will come upon you, and the power of the Most High will overshadow you. (Luke 1:35)





In joyous celebration of our Infant King and His most holy Mother, ST. JOSEPH THE WORKER PARISH INVITES YOU TO OUR SECOND ANNUAL

# Candlemas Ball

An elegant evening of dinner and dancing, enjoyed with good company, good wine, and a chance to support the church building campaign at a silent auction

Formal Evening Attire \* Ages 18+

Saturday, 1 February 2025 5:00 - 10:00 pm

Bella Vista Lake Palestine

Scan to purchase tickets



Early Bird Special: \$55 until Thanksgiving Admission: \$65 Purchase Deadline: 20 January 2025